



# BULL & BEAR

## CAFÉ MENU

### BREAKFAST

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**FRUIT AND YOGHURT [v] 10**

Natural Yoghurt, with mixed berry compote and selection of fresh seasonal fruit

**HOUSEMADE GRANOLA [v] 13**

Granola made in house, with stewed stone fruits and natural yoghurt

**PANCAKES [v] 17**

Fluffy vanilla pancakes topped with either;

Berries and ricotta

Caramel and apple compote

Chocolate and strawberries

**LA ESPAÑOLA 17**

Fried eggs, grilled serrano ham, smashed avocado, Sourdough toast with tumaca

**EL GRECO [v] 18**

Grilled halloumi, sweet potato, cherry tomatoes, asparagus and eggplant relish with eggs. Sourdough toast

**SAN SEBASTIAN 19**

Potato cake, smoked salmon, poached eggs, asparagus, pimiento picata and hollandaise

**EL GORDO 20**

Fried, poached or scrambled eggs, bacon, chorizo, mushroom, tomato, spinach, avocado. Sourdough toast

**SANTIAGO 22**

Pulled Pork, poached eggs, potato cake, morcilla sausage, manchego cheese, salsa brava. Sourdough toast

**EL CARNICERO 21**

Potato cake, morcilla sausage, chorizo, bacon, tomato relish, fried eggs, mojo verde

**PICADILLO 18**

Spanish savoury mince cooked with chorizo, eggplant, sofrito and spices. fried eggs and sourdough

**SMOKED SALMON OMELETTE 18**

Smoked salmon, kale, sweet potato, roasted red capsicum, toasted sourdough

**HAM OMELETTE 17**

Double smoked ham, manchego cheese, mushroom, Spanish onion, asparagus, toasted sourdough

**HUEVOS FLAMENCOS 16**

Traditional Spanish spicy white bean stew with baked eggs. Sourdough toast

**CORN AND FETA FRITTERS [v] 18**

House made fritters with poached eggs, tomato relish, avocado and crème fraiche

**BACON AND EGG ROLL 7**

crispy bacon, fried egg, tasty cheese, and BBQ sauce on a damper roll

**DOUBLE BACON AND EGG ROLL 10**

double bacon, double egg, double cheese, BBQ sauce on a damper roll

**CHORIZO AND EGG ROLL 12**

Fried eggs, chorizo, baby spinach tomato relish and aioli on a damper roll

**EGGS ON TOAST [v] 11**

fried, poached or scrambled eggs. wilted spinach, sautéed cherry tomatoes on sourdough toast

**AVOCADO TOAST [v] 14**

Smashed avocado, tomato salsa, marinated fetta on sourdough toast

**SOURDOUGH TOAST [v] 6**

With choice of spread

[butter, vegemite, jam, Nutella]

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### EXTRAS

Eggs, Mushroom, Tomato, Spinach, Avocado, Asparagus, Sweet potato bites **4**

Chorizo, Bacon, Morcilla sausage **4.5**

Potato cake, Grilled haloumi, Serrano ham, House beans, Corn & feta fritters **5**

Smoked Salmon, Prawn skewers **7**

Gluten free bread **2**

Sauces, Cheese **1**



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## BEVERAGES

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### COFFEE

Espresso	3
Macchiato, Piccolo	3.5
Flat White, Cappuccino, Long Black, Latte regular/large	3.8/4.5
Chai latte, Hot Chocolate, Mocha regular/large	4.4/4.8
Cold Drip regular/large	4.5/5.5
Extra Shot	0.8
Decaf, Almond milk, syrups	0.5
Bon Soy	0.8

### TEA

English Breakfast, Earl Grey, Peppermint,  
Green, Herbal, Chai.

**MOUNT FRANKLIN 500mL** 3

### SAN PELIGRINO SPARKLING

250mL / 700mL 3.5/7

**SOFT DRINKS** 4

Coke. Diet. Zero. Sprite. Solo. Ginger Beer.

**FRUIT JUICES** 4

Apple. Orange. Pineapple.

**FRESHLY SQUEEZED FRUIT JUICES** 7

FRESA Apple, Pear & Strawberry

SANDIA Watermelon, Orange & Pineapple

ZANA Apple, Carrot & Ginger

VERDE Kale, Apple & Cucumber

Or Create your own

**SMOOTHIES** 8

Passionfruit & Mango

Mixed Berry & White Choc

Banana & Peanut butter

**MILKSHAKES** 6

Chocolate. Strawberry. Vanilla. Caramel.

Banana.

Iced latte 4

Iced coffee 7

Iced chocolate 7

Iced mocha 7

**FRAPPES** 7

Coffee. Chocolate

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**OPEN**  
**7**  
**DAYS**  
**BREAKFAST**  
**&**  
**LUNCH**

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**DINNER**  
**WEDNESDAY**  
**TO**  
**SATURDAY**  
**NIGHTS**

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**FUNCTIONS**  
**&**  
**GROUP**  
**BOOKINGS**  
**WELCOME**

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Sorry, No split bills. 15% Surcharge on Public Holidays



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CAFÉ MENU

## LUNCH

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<b>VEGETARIAN PLATE [v]</b>	<b>18</b>	<b>BULL BURGER</b>	<b>13</b>
Zucchini corn fritters, fried halloumi, grilled eggplant, pimiento picata, baby spinach, bean dip, herb yoghurt		13 hour braised beef brisket, Swiss cheese, pickles, tomato relish, lettuce, dijonaise	
<b>VEGAN PLATE [ve]</b>	<b>18</b>	<b>ADOBO CHICKEN BURGER</b>	<b>13</b>
Falafel, fried spiced cauliflower, avocado, beetroot relish, sweet potato bites, mixed Leaf		Grilled or Fried Adobo spiced chicken breast, bacon, mixed slaw, chipotle mayo	
<b>PRAWN RISOTTO</b>	<b>22</b>	<b>HALLOUMI BURGER [v]</b>	<b>13</b>
Risotto with prawns, pumpkin, roquette, feta, tomato		Fried halloumi, mixed leaf, tomato relish, smashed avocado, red onion, herb yoghurt	
<b>SPAGHETTI GITANA</b>	<b>18</b>	<b>STEAK SANDWICH</b>	<b>16</b>
Spaghetti pasta with serrano ham, kale, pine nuts, mushroom, onions, chilli		Rump steak, lettuce, tomato, beetroot relish, caramelised onion, BBQ sauce, sourdough	
<b>PISTO PENNE [v]</b>	<b>17</b>	<b>CHURRASCO BURGER</b>	<b>16</b>
Penne pasta with Spanish ratatouille, goats cheese, black olives		Crispy pork belly, red apple relish, crispy fried onion, roquette, aioli	
<b>BEEF ESPADAS [gf]</b>	<b>22</b>	<b>PULL PORK TACOS</b>	<b>16</b>
Marinated rump skewers, chimichurri, potato bites, roquette salad		Slow-cooked spicy pull pork, refried red beans, chipotle corn salsa, lettuce, sour cream, soft tortilla	
<b>CHICKEN ESPADAS [gf]</b>	<b>19</b>	<b>BEEF TACOS</b>	<b>17</b>
Lemon-herb chicken skewers, sweet potato bites, pickled zucchini salad, herb yoghurt		Slow cooked beef brisket, refried red beans, tomato salsa, lettuce, sour cream soft tortilla	
<b>GRILLED FISH OF THE DAY</b>	<b>25</b>	<b>BOWL OF FRIES [v]</b>	<b>7</b>
Market fish served with, chips, salad and lemon butter sauce		Served with aioli	
<b>SPANISH MIXED GRILL [gf]</b>	<b>24</b>	<b>BOWL OF SWEET POTATO FRIES [v]</b>	<b>12</b>
Adobo chicken breast, rump steak, chorizo sausage, serrano ham, patatas bravas, fried egg		Served with chipotle mayo	
<b>CHICKEN SCHNITZEL</b>	<b>18</b>	<b>ADD TO ANY MEAL</b>	
Crumbed chicken breast, chips and salad		Gluten free bread. Egg.	<b>2</b>
<b>FISH &amp; CHIPS</b>	<b>16</b>	Chorizo. Avocado	<b>4</b>
Beer battered flathead fillets, served with chips, garden salad, lemon and aioli		Side of fries. Bacon.	<b>3</b>
<b>SOUP OF THE DAY</b>	<b>12</b>	Side of sweet potato fries. Haloumi.	
Served with crusty bread		Extra meat.	<b>5</b>
		Additional sauces	<b>1</b>

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## TAPAS

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<b>ACEITUNAS [ve]</b>	<b>9</b>
Marinated mixed olives	
<b>PAN DE LA CASA [ve]</b>	<b>4</b>
House bread. EVOO.	
<b>PAN AJO [v]</b>	<b>7</b>
Garlic bread	
<b>PAN TUMACA [ve]</b>	<b>7</b>
Bread with tomato emulsion	
<b>PATATAS BRAVAS [v][gf]</b>	<b>12</b>
Golden fried potato bites, spicy tomato sauce, aioli	
<b>CROQUETAS DE POLLO</b>	<b>12</b>
Chicken croquets, aioli	
<b>BUÑUELOS DE ARROZ [v]</b>	<b>12</b>
Spinach and manchego cheese rice fritters, eggplant relish	
<b>POLLO FRITO</b>	<b>12</b>
Crispy chicken drumettes, romesco sauce	
<b>SETAS Y ESPARAGOS AL AJILLO [ve][gf]</b>	<b>14</b>
Garlic mushrooms with asparagus and pine nuts	
<b>CALAMARES FRITOS</b>	<b>14</b>
Golden fried calamari, paprika salt, aioli	
<b>CHORIZO FRITO [gf]</b>	<b>14</b>
Chorizo sausage, almonds, raisins, caramelised onion	
<b>ALBONDIGAS EN SALSA TOMATE</b>	<b>14</b>
Pork and veal meatballs, rich tomato sauce	
<b>GAMBAS AL AJILLO [gf]</b>	<b>20</b>
Garlic prawns	
<b>GUISADO DE BUEY [gf]</b>	<b>22</b>
Slow cooked beef cheek, artichoke, broad beans	

## SALADS

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<b>MIXTA [ve][gf]</b>	<b>10</b>
Mixed leaf, cucumber, tomato, capsicum, Spanish onion, olives	
<b>TOLEDO [v][gf]</b>	<b>12</b>
Chickpea, baby spinach, tomato, Spanish onion, cucumber, artichoke, herb yoghurt	
<b>NAVARRA [v]</b>	<b>14</b>
Roquette, avocado, walnuts, carrot, corn, boiled egg	
<b>ÁVILA [ve][gf]</b>	<b>15</b>
Warm white bean salad with roast pumpkin, kale, asparagus, sun dried tomatoes, Spanish onion	
<b>EL MANZANAR [v][gf]</b>	<b>15</b>
Roasted beetroot, roquette, apple, red cabbage, pecan nut, goats cheese	
<b>DEL HUERTO [v][gf]</b>	<b>15</b>
Warm sweet potato, baby spinach, lentils, Spanish onion, pepitas, roasted red capsicum, shaved manchego	

## ADD TO YOUR SALAD

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Serrano ham. Falafel. Halloumi	<b>5</b>
Smoked Salmon. Grilled Chicken.	
Zucchini corn fritters	<b>7</b>
Rump steak strips. Pulled pork.	<b>9</b>
Grilled Prawns.	<b>12</b>

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